

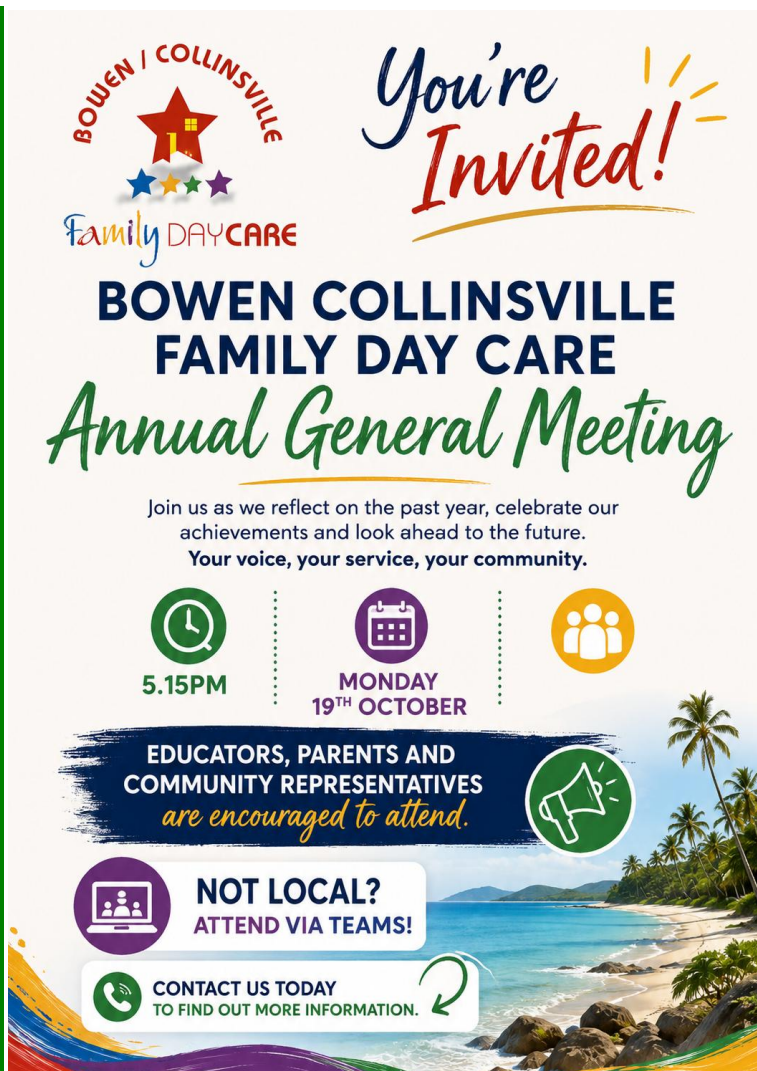
MONTHLY NEWSLETTER

SEPTEMBER 2026

Follow Us On



TENTATIVE DATE SET!



BOWEN | COLLINSVILLE
Family DAYCARE

You're Invited!

**BOWEN COLLINSVILLE
FAMILY DAY CARE**

Annual General Meeting

Join us as we reflect on the past year, celebrate our achievements and look ahead to the future.
Your voice, your service, your community.

 5.15PM

 MONDAY
19TH OCTOBER



**EDUCATORS, PARENTS AND
COMMUNITY REPRESENTATIVES**
are encouraged to attend.



 **NOT LOCAL?**
ATTEND VIA TEAMS!

 **CONTACT US TODAY**
TO FIND OUT MORE INFORMATION.

Welcome new families!

Blakley/Jordison,
Hankin/Mears
Brown, Flood-
Warren

Date claimers

4TH – Early
Childhood
Educators Day

6th – Father's Day

10th – R U OK Day

19th - Talk Like a
pirate day

QLD STATE SCHOOL HOLIDAYS

22 Sept – 07 Oct

Remember all children must have a CCS
enrolment in place BEFORE attending care!

Advanced child safety training available now

For certain people who have to do more than the foundation training



Advanced training: Course 3 and 4



Focuses on:

- **Prevention** – creating child safe cultures through everyday practice.
- **Response** – recognising, assessing & responding to safeguarding concerns as they arise.

Advanced Child Safety is available now!
Educators - have you completed?

Parents and carers – have you had your say?

The office has emailed all parents and guardians a **Parent Opinion Survey for Bowen Collinsville Family Day Care**

Your feedback matters. We are committed to providing high-quality education and care for children and families. Your feedback helps us celebrate what we do well and identify opportunities to improve.

All responses are confidential! Please contact the office if you would like this re-sent.



DENTAL HEALTH WEEK

Our Educators went above and beyond in creating experiences for children to learn about dental hygiene!!

EYLF Outcome 1: Children build confidence and independence by managing their own daily self-care and teeth-cleaning routines.
 EYLF Outcome 3: Children learn protective health behaviours, understand body care, and grow comfortable with visiting the dentist.
 EYLF Outcome 4: Children explore simple science concepts, such as how water and healthy food choices protect teeth against sugar and bacteria







STICK IT TO THE FLU

Protect yourself
with a **flu shot**

2026 INFLUENZA
VACCINES AVAILABLE



The INFLUENZA vaccine is recommended for people aged 6 months and over and is **FREE*** to those most at risk from influenza and its complications.

Ask about the flu vaccine today.

health.gov.au/flu

*Some states and territories may provide free influenza vaccines for other groups.



National
Immunisation
Program

A joint Australian, State and Territory Government initiative

[www](https://www.health.gov.au/flu)

EDUCATOR SPOTLIGHT

Kirstin's Family Day Care



LOCATION: Ingham

HOW LONG HAVE YOU BEEN AN EDUCATOR: 15.5 years

HOW WOULD YOU DESCRIBE KIRSTIN'S FAMILY DAY CARE: Kirstin's Family Day Care is a warm, nurturing and welcoming environment. I provide lots of opportunities for children to learn through play, explore their interests and get creative. I really value building strong relationships with the children and families and creating a place where every child feels included, cared for and free to learn at their own pace.

DO YOU HAVE ANY TIPS FOR YOUR FELLOW EDUCATORS: my top tips would be 1. Build relationships with new children first. When children feel safe, comfortable and connected, learning will naturally follow. 2. Don't overthink your program. The everyday things children naturally do can provide so many learning opportunities. And 3. Not everyday will go to plan and that's okay. Don't feel like you have to follow your program each day for sufficient learning to occur.

ARE YOU HAPPY FOR OTHER EDUCATORS TO REACH OUT AND CONNECT WITH YOU: of course! This job can be quite isolating at times so I'm always up for a chat with other educators. It's important to make connections with others in the industry so we can bounce ideas off each other, share activities that we love and reflect on our current practice



Four ingredient cheese crackers!

1 cup flour - ½ teaspoon baking powder - 4 cups grated cheddar -very cold water

1. Preheat your oven to 200 degrees celsius
2. Add all the ingredients to a food processor (excluding the water)
3. Pulse until the cracker dough starts to clump together
4. Add the cold water, 1 tablespoon at a time, pulsing the food processor after each addition until you end up with a smooth ball of dough able to be rolled.
5. Roll out the dough on a floured surface, cut into small squares,
6. Bake on a baking paper lined tray for 10 minutes or until golden.
7. Cool on a wire rack then store in an airtight container.

Flavour ideas To Try

Garlic & Thyme: ½ teaspoon garlic powder + 1 teaspoon dried thyme

Cheese & Bacon: 1-2 Tablespoons dried bacon bits

Honey & Rosemary: 1 Tablespoon Honey and 1 teaspoon dried rosemary

Parmesan & Black Pepper: Substitute 1 cup of the cheddar cheese for parmesan and season with black pepper (around ½ a teaspoon)

Craft idea



Most of us still have them lying around..CD's and DVD's that you just haven't had time to go through. This is your sign to have a clean out!

Let those scratched disks go and allow the children to bedazzle them and hang inside or outside and watch the light dance on their creation!

2026 CHILDREN'S BOOK WEEK



SYMPHONY OF STORIES



Book Council
of Australia

national SCIENCE WEEK



Well done to our Educators
creating experiences and
experiments for our little scientists!



7 Steps 2 Safety

1

Communication

Talking in good times & bad

2

Circle of Trust

The people in my life

3

Trust Your Feelings

Not-so-basic instincts

4

Feel, Do, Tell

Make it a habit

5

Buddy System

More than holding hands

6

Body Parts

I have a name - please use it!

7

Parents Need Help Too

Do not keep it to yourself

www

www.insafehands.net.au

1300 794 644



IN
SAFE
HANDS

