



MONTHLY NEWSLETTER October 2025

Follow us:
Bowen/Collinsville Family Day Care



Welcome New Families!

**Segar,
Zadelj/Keskin,
Kemp,
Mann/Rautoka-Mooka.**



Dates to note:

- 6th – Kings Birthday public holiday
- 4th – 10th – Space Week
- 20th – Diwali
- 27th – Grandparents Day
- 31st – Day for Daniel
- 31st – Halloween



QLD STATE SCHOOL HOLIDAYS
22 Sept – 07 Oct
Remember all children must have a
CCS enrolment in place BEFORE
attending care!

CCS Hourly Rate Caps

Did you know that there is a limit to the hourly rate that Services Australia will apply the Child Care Subsidy to?

For Family Day Care, CCS is applied to an hourly rate up to \$13.34.

If your Educator charges over \$13.34 per hour, the subsidy will not be applied.

Families can access the CCS calculator here <https://startingblocks.gov.au/child-care-subsidy-calculator>

For more information about hourly rate caps, visit <https://www.education.gov.au/early-childhood/announcements/child-care-subsidy-hourly-rate-caps-are-changing-soon>

**It's all about
keeping kids safe!**
WEAR RED educate DONATE





Congratulations!

CONGRATULATIONS TO *Vicki, Samantha and Desiree*

FOR COMPLETEING THEIR *Diploma of Early
Childhood Education and Care.*

CONGRATULATIONS TO *Miranda* FOR COMPLETEING HER

*Bachelor of Education (Early
Childhood Teaching).*

Well done ladies!!

Free Training



**Generation
SunSmart**

**Free online professional
learning for ECEC, OSHC
and early years staff**



7 Steps 2 Safety

1

Communication

Talking in good times & bad

2

Circle of Trust

The people in my life

3

Trust Your Feelings

Not-so-basic instincts

4

Feel, Do, Tell

Make it a habit

5

Buddy System

More than holding hands

6

Body Parts

I have a name - please use it!

7

Parents Need Help Too

Do not keep it to yourself

www.insafehands.net.au

1300 794 644



IN
SAFE
HANDS



National Quality Standard



Australian Children's
Education & Care
Quality Authority

QA3

Physical environment

3.2.2	Resources support play-based learning	Resources, materials and equipment allow for multiple uses, are sufficient in number, and enable every child to engage in play-based learning.
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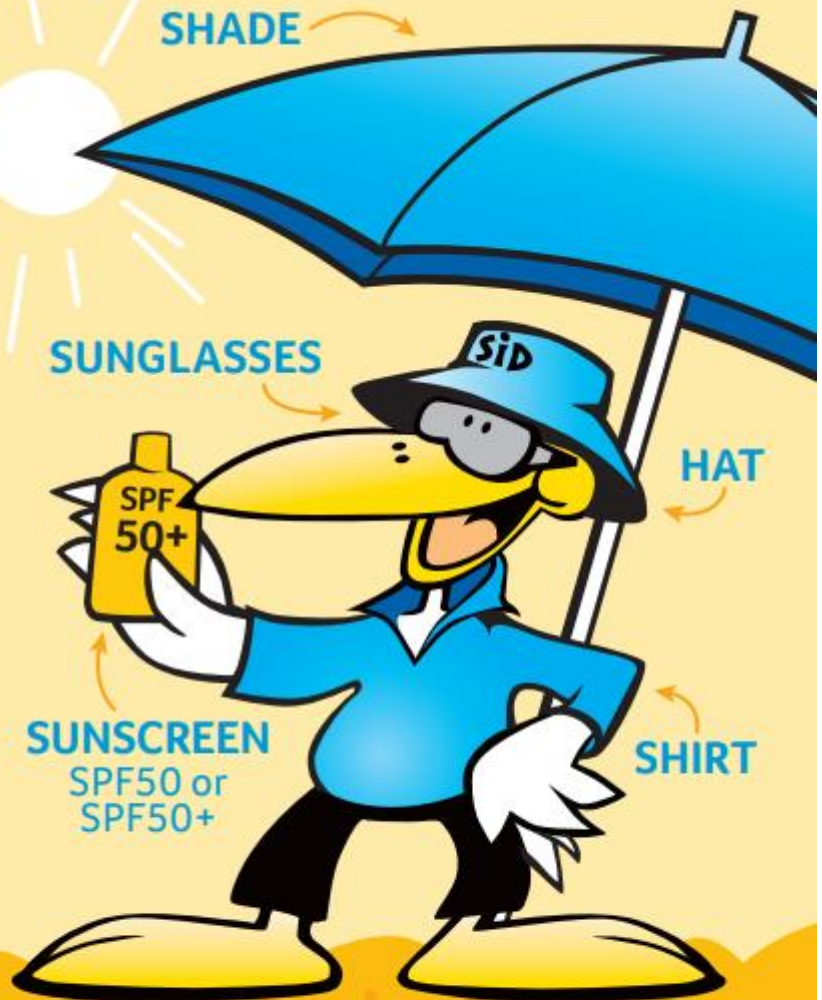


Check & Adjust

IT MAY SAVE THEIR LIFE.



Slip!
Slop!
Slap!
Seek!
Slide!



**BE SUNSMART LIKE
SID THE SEAGULL**

cancerqld.org.au



**Cancer
Council**
Queensland

3- ingredient Banana mini muffins

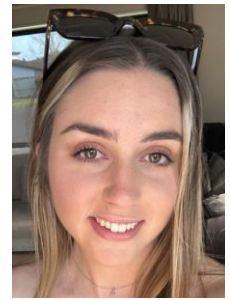
- 2 medium **bananas**, mashed
- 180g (2/3 cup) thick and creamy vanilla yoghurt
- 150g (1 cup) self-raising flour

- Preheat oven to 180C/160C fan forced. Grease a 24-hole mini muffin pan.
- Combine yoghurt and banana in a large bowl. Gradually stir in flour until just combined.
- Spoon mixture into muffin holes. Bake for 15 minutes or until a skewer inserted into the centre comes out clean. Set aside in the pan for 2 minutes to cool slightly before transferring to a wire rack to cool completely.

Educator Spotlight

Georgia Logan

Our House Family Day Care



Location: *Moranbah*

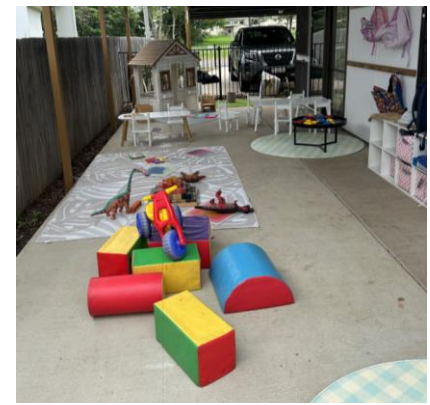
How long have you been an educator: *I have been an early childhood educator for 6 years, but I have been in family daycare for a year.*

What is your favourite things about being an educator: *I love watching children grow and develop their own unique personalities, knowing I get to play a role in their learning journey. As well as being able to build strong, trusting relationships with both children and their families is what makes this role so meaningful for me*

How would you describe the children at Our House Family Day Care: *They are curious, creative, and full of energy—always ready to explore and learn.*

Do you have any tips for your fellow Educators? *Be patient with yourself. We're always learning too, not just the children.*

Are you happy for other educators to reach out and connect with you? *Yes, I'd love to connect—it's always inspiring to hear new ideas and perspectives.*



Deadly Ears



Signs of ear troubles

- Temperature
- Runny nose
- Runny ears
- Cranky and upset
- Hard to settle
- Pulling at ears
- Not reacting to loud noises
- Complaining of sore ears

Where to get help

Call 13HEALTH

Doctor: _____

Address: _____

Phone: _____

Nurse: _____

Address: _____

Phone: _____

Health worker: _____

Phone: _____

Helping little people
to hear, talk, learn and play

Craft idea using recycled boxes.

Have left over boxes or know where you can get a couple?
Let the kids paint their 'car' the colour of choice, use recycled paper as wheels and head lights, (can cut out other shapes for accessories as required) add some fabric



Know the **4T** early signs



Toilet



Thirsty



Tired



Thinner

If your child has one or more of these symptoms, they may have type 1 diabetes. A delay in diagnosing type 1 diabetes can lead to a severe and potentially fatal complication called diabetes ketoacidosis, or DKA. An easy, fast and free blood glucose check from your GP is all that it takes to diagnose type 1 diabetes.

For further information visit www.JDRF.org.au

Diabetes **K**now the signs **A**sk



ASTHMA
AUSTRALIA

GET BACK TO LIVING FREELY



FIND YOUR
ASTHMA ANSWERS

 1800 ASTHMA

(1800 278 462)

asthma.org.au
1800 278 462



Acknowledgement to Country
Wadda Mooli



We acknowledge the traditional custodians of the land upon which we work and live, the Juru people of the Birri Gubba nation, and recognise their continuing connection to land, water and community.

We pay our respects to Elder's past, present and emerging.

