

Follow us:  
Bowen/Collinsville Family Day Care



### Welcome New Families!

Gann/Grabs, Carlton, Ender  
Wakeling/Gonnerlli, Singh,  
Vouyioukas/White, Lewis/Giddy,  
Doughty/Girgenti, Jerrett,  
O'Rourke/White, Clarke/Cadio  
Gibson/Chioukh, Bullen/Ward,  
Gallacher/Jamieson, Harker,  
Johnston.

### Dates to note:

17<sup>th</sup> – St. Patrick's Day  
21<sup>st</sup> – Harmony Day  
29<sup>th</sup> – Good Friday  
31<sup>st</sup> – Easter Monday

SCHOOL HOLIDAYS ARE  
ALMOST HERE!!



If you have school aged children that do not usually use care, but will use school holiday care, let us know so we can:

1. Create a booking/timesheet
2. Create a CCS Enrolment – this must be in place PRIOR to care being provided.

*Children who do not use childcare for a period of 14 weeks, will have their CCS Enrolment ceased by Centrelink.*

## What is a CRN?

Why do you **need** it?

How to **find** your child's CRN.

A Customer Reference Number (CRN) helps identify your Centrelink record.

Looking to enroll a child in child care? You'll need their Customer Reference Number and the Customer Reference Number of the parent/guardian who lodged the application for the CCS.

If you have received the paid parental leave or have been approved for the CCS, you'll be able to find your child's CRN via the Centrelink Express Plus mobile app.

-> sign into your **Centrelink Express Plus** mobile app.

->Select **Profile**

-> Navigate to **Relationship & family details** to view your child's CRN.

# SIGN IN HERE



REMEMBER TO  
SIGN IN AND OUT OF  
CARE

—  
IT IS THE LAW!!

Educators and  
parents!

Please ensure that all  
children are signed in  
and out of care.

**Educators** – if a child  
attends for **casual session**  
please ensure that the  
session is added **prior** to the  
child attending so there is  
provision for the parents to  
**sign in and out** of care.



Bowen/Collinsville Family Day Care is welcoming  
Narelle back into her role as a Family Day Care  
Educator based in the Tully region.

*Each child is unique, curious, and capable learners, my  
program is design to facilitate learning by listening to the  
children and being responsive to their interests. I acknowledge  
that children will do this at different rates and through  
different learning processes, so my program is flexible to  
support this. Children are encouraged to practice their  
independence and choice, to try new things and to be  
positively guided, My program provides intentional teaching  
moments that are adult lead and opportunities that allow  
children to lead their peers. Cont..*



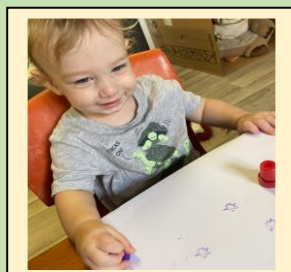
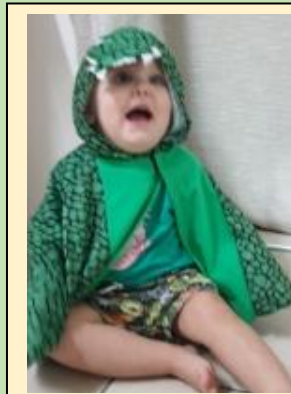
NQA1 – Educational program and practice

1.1.2 – Each Child's current knowledge, strengths, ideas, culture and interests are the foundation of the program.

Family Day Care Educators have been extending programming supporting children's interests, we have noticed that a theme over the past month...

# DINOSAURS

Congratulations to our Educators for being intuitive to the children's interests and creating great learning environments!





!!FREE training for parents and educators!!



**Triple P - Positive Parenting Program**

Sponsored ·

**NOW FREE IN AUSTRALIA**

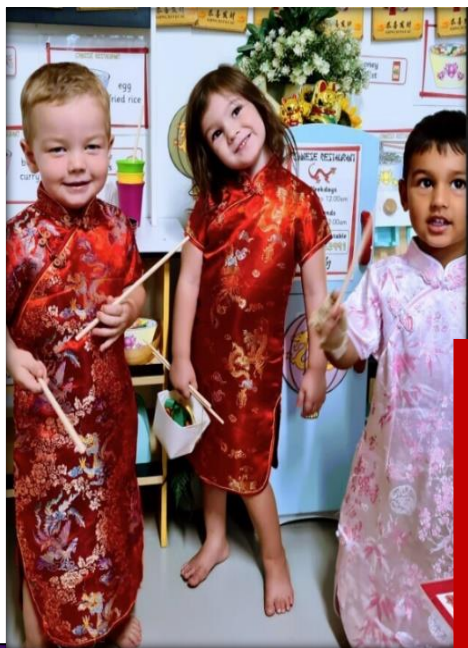
Want to know how to help your child calm themselves down when they feel upset?

- Aussie program, backed by extensive research (35+ years, 180+ studies)



..Celebrating cultures, customs and beliefs..

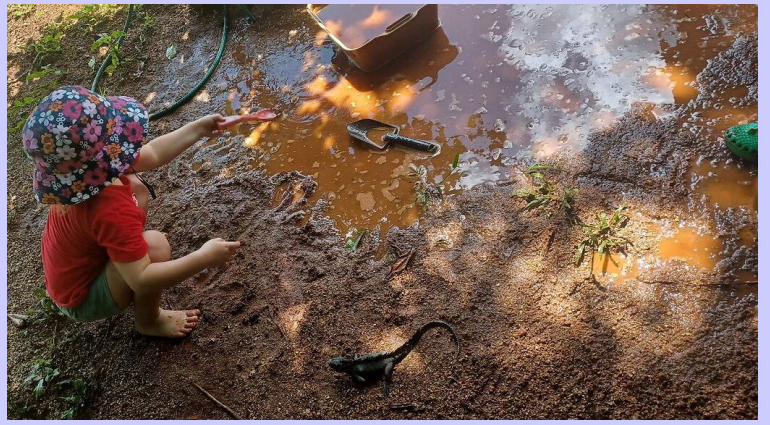
The Chinese Lunar New Year and Shrove (pancake) Day were celebrated by some educators providing children with insight into different cultures, customs and beliefs and expanding the children's insight of their world.



website.

[www.bowencommunityfamilydayc](http://www.bowencommunityfamilydayc)





Children connected to

# Natural Environment.

Being connected to the natural environment provides children with a sensory rich experience, it helps their social emotional skills, provides physical activity, assists with mental and all over wellbeing. Did you know that children who are connected to the natural environment also have better risk management skills, communication, decision making and negotiation skills?

Some insights into some of the natural environments where the children participate in cultivating a worm farm, watering plants, planting seedlings, and harvesting produce! Creating a

wetlands sensory activity, rock climbing, frog finding, natural colour hunting, searching for bugs, catching bugs, creating a forest fort, messy mud play, experiencing the rain, investigating fungi, Catching tadpoles...









# Lift the Lip to check for decay



Healthy teeth



**Early signs of decay:**  
White lines along the gums can be the beginnings of tooth decay



**More advanced decay:** Can look like brown spots on the teeth



Lift your child's top lip to check for early signs of tooth decay.

Please seek dental advice if you notice any change in your child's teeth.

Metro North and Metro South Oral Health Services welcome all children 0 to 17 years of age referred by CYCHS - Child Health Service.

For more information contact Oral Health Services

**Phone: 1300 300 850**

[www.health.qld.gov.au/metronorth/oral-health](http://www.health.qld.gov.au/metronorth/oral-health)

A joint initiative between Metro North and Metro South Hospital and Health Services and Children's Health Queensland.  
Original concept produced by SA Dental Service.



Version 1.0 Effective: 08/2017





# Valentines Day

Valentines' day is an opportunity to introduce to children the concept of expressing their feelings for someone they care about. We think that the educators went above and beyond to create craft and sensory experiences for children.





## Recipe Idea - Carrott Cake Energy Bites. Egg and dairy free!

3 medium carrots  
1 Cup sunflower seeds  
1 tablespoon coconut oil  
½ teaspoon ginger dried

1 Cup oats  
½ Cup dates  
1 teaspoon cinnamon  
Desiccated coconut

1. Place carrots in a sturdy food processor and blitz until very finely chopped.
2. Add remaining ingredients, excluding the desiccated coconut and blitz until the mixture comes together into a large ball. This may take some time, 5 or so minutes of blitzing but be patient it will get there.
3. Using a teaspoon form balls, the mixture will be quite sticky (because of the water content of the fresh carrot), but the texture improves once you roll in coconut. (Keep your hands damp it stops the mix sticking to your fingers)
4. Roll the balls in desiccated coconut
5. Refrigerate

## Sustainable Craft - Paper plate Easter Baskets





# Happy Easter!



## Acknowledgement to Country

*Wadda Mooli*

We acknowledge the traditional custodians of the land upon which we work and live, the Juru people of the Birri Gubba nation, and recognise their continuing connection to land, water and community.

We pay our respects to Elder's past, present and emerging.

