

# MONTHLY NEWSLETTER AUGUST 2026

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## Management Committee Update

We would like to welcome Kate to the Bowen Collinsville Management Committee Team! Kate is joining us as an Educator Representative. Kate is based in Moranbah and is a current Educator with our service and has a vast knowledge of the Early Education

Sector. **Welcome Kate!**

We are more than happy to have parents, Educators and community representatives join us. To find out how, contact us today!

**Welcome new families!**

Bradshaw/Herdman,  
Turner/Clarke,  
Campbell/Sullivan,  
Lee/Handley,  
Crossland/Eisel,  
Kirkpatrick/Hiscox,  
Boxall,  
Stonimirovic/Hobbs,  
Smith/De Vries, Bailey,  
Amone/Afa, Panuccio

## Date claimers

**3<sup>rd</sup> – 9<sup>th</sup> August -  
Dental Health Week**

**28<sup>th</sup> August - Red Nose  
Day**

**15<sup>th</sup> – 23<sup>rd</sup> August -  
National Science  
Week**

**22<sup>nd</sup> – 28<sup>th</sup> August -  
Book week**



National Best Practice Guidelines  
**Safety of Children in Motor Vehicles**



### Inbuilt harness as long as they fit

Once a child is too tall for their rear facing child restraint, they should use a forward facing child restraint with an inbuilt harness as long as they still fit in it.



# Congratulations!

We would like to congratulate our Educators for their nominations in the Family Day Care  
Australia Educator of the Year Awards !

|                            |                         |                            |
|----------------------------|-------------------------|----------------------------|
| <i>Alicia Torrisi</i>      | <i>Jade Power</i>       | <i>Tatjana Hannan</i>      |
| <i>Amilia Crook</i>        | <i>Jamii Bartlett</i>   | <i>Amy Foti</i>            |
| <i>Josephine Robertson</i> | <i>Belinda Lawn</i>     | <i>Kate McGuinness</i>     |
| <i>Carla Choyce</i>        | <i>Kirstin Tamburin</i> | <i>Christine Andreatta</i> |
| <i>Lynell Stacey</i>       | <i>Desiree Topacio</i>  | <i>Miranda Mason</i>       |
| <i>Georgina Zadely</i>     | <i>Narelle Waters</i>   | <i>Natasha Perkinson</i>   |
| <i>Sarah Wilson</i>        | <i>Samantha Duncan</i>  | <i>Shae-Lee Stacey</i>     |
| <i>Sylvie Dewitte</i>      |                         |                            |

Thank you to for our nominations for

Coordinators of the year!

*Emma Hickey*

*Adair MacGregor*

Thank you for the nomination for

*Service*

of the year!

**Struggling  
with hitting,  
kicking or  
biting?**

It can be a sign of big feelings they can't express yet.

Learn how to support them with practical strategies from Triple P Online.

# NAIDOC WEEK 50 YEARS DEADLY 5-12 JULY 2026





# Educator Spotlight

## Debbie's Family Day Care

Location: Home Hill

How long have you been an educator?  
14 years

What is your favourite things about being an educator:  
Watching the kids grow, seeing the children achieve their goals and making long lasting friends.

How would you describe Debbie's Family Day Care:  
Exciting, welcoming, and busy!!

Do you have any tips for your fellow Educators?  
Make everyday enjoyable and take it as it comes. Don't feel that you need to stick to anything - let the children explore their interests.

Are you happy for other educators to reach out and connect with you? **Yes - definitely**



# Eight strategies TO REDUCE CHALLENGING BEHAVIOUR IN CHILDREN

1



## REGULATE BEFORE RESPONDING

Take a moment.  
Breathe in and out.  
Count to 5.

2



## ACKNOWLEDGING THE EMOTION

"I can see you  
are angry, would you  
like a hug?"

3



## KNOWING WHEN TO TALK TO THE CHILD ABOUT THE BEHAVIOUR

Choose a time  
when the child has regulated.

4



## REDIRECTING BEHAVIOUR AND BUILDING A CHILD'S SKILLS TO REACT APPROPRIATELY

Offer alternate  
activities, move outside,  
go on swings, use chill  
out spaces.

5



## CHANGING THE ENVIRONMENT

Moving inside and outside,  
create chill out spaces,  
provide enough resources!

6



## OFFERING CHOICES

Find child's  
strengths, offer and  
encourage choices.

7



## FINDING THE POSITIVES AND OFFERING ENCOURAGEMENT

Praise children  
Roster connection times.

8



## BEING CONSISTENT

Role model behaviours, set  
expectations and boundaries,  
have routines.

Information brought to you by **OTCS FISH team**  
For further information please contact [fish@onetree.org.au](mailto:fish@onetree.org.au)





## Four ingredient apple banana bread

3 cups self-raising flour

3 over-ripe bananas, mashed

2 eggs, lightly beaten

3 x 140g tubs apple puree

Preheat oven to 180C/160C fan-forced. Grease a 7cm-deep, 11cm x 21cm loaf pan. Line base and all sides with 2 layers of baking paper, extending paper 2cm above edges of pan.

Place flour in a large bowl. Make a well. Add banana, egg and apple puree. Stir well to combine. Spoon mixture into prepared pan. Level top with a spatula.

Bake for 50 minutes or until golden and a skewer inserted into centre of bread comes out clean. Stand in pan for 5 minutes. Transfer bread to a baking paper-lined wire rack to cool completely.

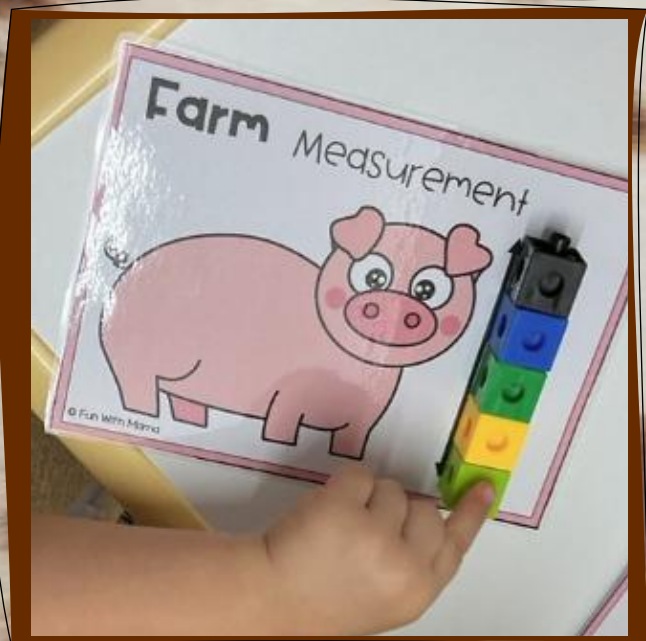
Slice banana bread. Toast before serving.

## Craft Idea!

Why not go on an adventure and see what treasures you can find, can be natural or recycled materials!

The children can work on their treasure placement, weave onto some string or line and hang up to display. What a great idea!





Let's learn about the

# FARM





Birthdays are special moments that allow children to feel valued, recognised and celebrated.

Thank you to our amazing Educators who make birthdays special - there were a few celebrations in July!



[1.au](#)

07 4786 1399

[admi](#)



## RUNNING ON EMPTY?

Sometimes, you can't do it all by yourself. If your family is going through tough times, contact Family and Child Connect for free, unlimited and confidential advice. We're here to listen and connect you to practical support.



**family and child connect**

**13-FAMILY 13-32-64**

**[familychildconnect.org.au](http://familychildconnect.org.au)**

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**Acknowledgement to Country**

*Wadda Mooli*

We acknowledge the traditional custodians of the land upon which we work and live, the Juru people of the Birri Gubba nation, and recognise their continuing connection to land, water and community.  
We pay our respects to Elder's past, present and emerging.

