



MONTHLY NEWSLETTER

August 2025

Follow us:
Bowen/Collinsville Family Day Care



Welcome New Families!
*Hamelink/Hayes, Martin,
 Gosling, Mills, Howie,
 Finnegan/Ely, Surtees/Watters,
 Hardy/Boulter,
 De Campo/Tui, Fisk,
 Steindl/Maher, Platzer, MacDonald/Munchow,
 Womal/McDonnell, Annis-Sandman/Dyne, Eisel,
 McCarthy/Milne, McNichol/Paull, Dyer*

Dates to note:

5 – 11th – Dental Health Week

8th – Red Nose Day

9-16th – Science Week

13 – 23rd – Book Week



CCS and subsidised hours

Centrelink will assess your activity level on the hours of recognised activities you do and the type of activity you're doing. Centrelink will use your activity level to work out how many hours of subsidised child care you can get each fortnight.

If you have a partner, the assessment will look at both of your activity levels. Centrelink will use the lower of your or your partner's activity level to work out your hours of subsidised care.

The hours of subsidised child care is what you can access per fortnight – if you exceed your allocated hours, CCS will not be applied to these hours.

Activity level each fortnight	Hours of subsidised care each fortnight
Less than 8 hours	0 hours if you earn above \$83,820 24 hours if you earn \$83,820 or below 36 hrs – ATSI child, regardless of family activity
More than 8 to 16 hrs	36 hours
More than 16 to 48 hrs	72 hours
More than 48 hrs	100 hours

If subsidised hours have been reduced, or if you believe you are eligible for more hours – parents need to contact Centrelink.

<https://www.servicesaustralia.gov.au/recognised-activities->

Do you have any questions?

Would you like to provide any feedback?

**Please contact the
Bowen/Collinsville Coordination Unit!**

Email: fdcbowen@tpg.com.au

Phone: 07 47 86 1399

Office Hours: 8am to 4pm.

!! NOTICE FOR PARENTS AND EDUCATORS!!

REVIEW OF POLICIES AND PROCEDURES

The Management Committee has endorsed the review of policy –
EMERGENCY AND EVACUATION.

The Management Committee has endorsed the introduction of a New Policy
– **DIGITAL TECHNOLOGIES.**

If you would like a copy of the updated procedures, please contact the
coordination unit on 07 4786 1399 or fdcbowen@tpg.com.au.

We welcome your feedback and input!



Download the
app for tips to
raise confident,
resilient children



**Download
the app**



NAIDOC WEEK

THE NEXT GENERATION: STRENGTH, VISION & LEGACY

6-13 JULY 2025





Stationary dribbling

Eyes on the ball.



Use soft fingers not palm.



what we do for **your child**

At our service we

- Provide educational play-based learning
- Safeguard health and safety
- Offer welcoming indoor and outdoor spaces
- Employ qualified and responsive educators
- Listen, engage and respond
- Partner with families and the community
- Ensure effective leadership and management

We operate and are assessed in line with the
National Quality Standard for early childhood education and care.

For more information about the NQS and ratings, visit startingblocks.gov.au

 Website:
www.bowencollinsvillefamilydaycare.com.au

 Contact:
07 4786 1399

 Email:
fdcbowen@tpg.com.au



Unintentional teaching

Unintentional teaching, also known as incidental learning, is the unplanned or unforeseen acquisition of knowledge or skills that occurs through activities or experiences, rather than through formal instruction
EYLF 1.1.2, 1.2.2, 5.1.1, 5.2.1





RECIPE IDEA : BAKED MEAT BALLS

~Great for meal at home or as a lunch box filler!~

Ingredients

- 1 cup panko bread crumbs
- 120 mls beef stock
- ½ onion grated
- 400 grams minced beef
- 400 grams minced pork
- 2 eggs
- ½ teaspoon garlic powder
- ¼ cup chopped parsley
- 1 Tablespoon Dijon mustard
- 1 teaspoon salt
- ¼ teaspoon nutmeg

Instructions

- Place the panko breadcrumbs in a small mixing bowl, pour over the beef stock and set aside for the breadcrumbs to soften.
- Grate your onion.
- Preheat your oven to 220 degrees Celsius (425 F).
- Place all the ingredients in a food processor (You can make your meatballs in a bowl with your hands, just be sure everything is chopped/grated very fine. Pulse until the ingredients are well combined.
- Use a cookie scoop or large spoon to make golf ball sized meatballs, arrange your meatballs on lined baking tray or large roasting pan.
- Bake in the hot oven for 15 minutes

Dental Health Week Activity

Use re-cycled 2 litre or 1.5 litre bottles to create an interactive activity!



#Posture: **Avoid W-Sitting**



Why do children W-sit?

- weak core muscles
- poor balance
- habit

RATHER

OPTION 1

CRISS-CROSS



OPTION 2

SIDESIT



OPTION 3

LONG SIT



Educator spotlight: Josephine Robertson

ALLIGATOR CREEK FAMILY DAY CARE

How long have you been an educator: I started working in FDC in 2003

What are your favourite things about being an educator: One of the most rewarding aspects of being an educator in FDC is the opportunity to make a significant positive impact on young children's lives during their early years and being part of a vital role in sparking a passion for learning in children. Knowing that you are making a positive impact on the lives of young children and their families is very rewarding.

How would you describe Alligator Creek FDC:

Partnerships with Children and Families, plays an important role here. Families are children's first and most influential Educators in their lives therefore communication lines need to remain open and honest to ensure children have the best learning outcomes. I enjoy outdoor learning with the children exploring our environment, growing fruit trees and hands on learning about sustainability. I have a large playground for the children to develop their physical, social and emotional skills through group activities and support.

Do you have any tips for your fellow Educators?

Be passionate about what you do and have open communication with families help to build strong partnerships. HAVE FUN!



What to do with a Box? !!Plenty!!





watch out for your kids

keep them safe from burns



fire

- keep kids away
from fires



scalds

- keep your
cuppa away



cooking

- make sure hot pots
are out of reach



Government of Western Australia
Department of Health

Acknowledgement to Country
Wadda Mooli

We acknowledge the traditional custodians of the land upon which we work and live, the Juru people of the Birri Gubba nation, and recognise their continuing connection to land, water and community.
We pay our respects to Elder's past, present and emerging.

